

## SAFE AND SOUND PROTOCOL(SSP)





COST BREAKDOWN: ASSESSMENT SESSION: \$140-\$160 LISTENING PROTOCOL \$500+ HST

## HOUR 1 \$100 +HST

- This includes :
- 1 hr of listening at home
- your listening plan
- check-ins from your therapist
- consistent monitoring from your therapist



You will continue listening per your therapist's instructions and have a check-in between listening.



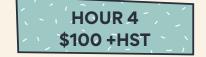
Assessment session with your therapist to learn about SSP and help your provider understand your needs.



You will continue listening per your therapist's instructions and have a check-in between listening.

## OPTIONAL THERAPY SESSION \$140-\$160

- explore further regulation strategies
- listen to some of your
  SSP with your therapist
  for co-regulation



You will continue listening per your therapist's instructions and have a check-in between listening.



Your therapist will direct you for next steps.



You will continue listening per your therapist's instructions and have a check-in between listening.

